

Topic: Proverbs and Idioms



“Imagine your friend says: *It’s raining cats and dogs!*
Are animals really falling from the sky?”

Let students laugh and respond.

Explain:

“No! It means it is raining very heavily. This is called an **idiom**.”

Write on board:

👉 *Words don’t always mean exactly what they say!*

🟡 2. Introduction to Idioms (10 Minutes)

📘 What is an Idiom?

An **idiom** is a group of words that has a **special meaning** different from the real meaning.

Write:

Idiom = Hidden Meaning

🖋️ Examples (Explain with Actions)

Idiom	Literal Meaning	Real Meaning
Break the ice	Smash ice	Start talking дружly
Piece of cake	A slice of cake	Very easy
Hold your tongue	Catch your tongue	Stay quiet
Under the weather	Below rain	Feeling sick

Ask Students:

“Can we really hold our tongue?”

Let them answer → Guide them to understand figurative meaning.

Quick Practice (3 Minutes)

Ask students to act:

- “Show me *piece of cake* face!”
- “Show me *under the weather*!”

(Students love dramatizing → improves understanding.)

3. Introduction to Proverbs (10 Minutes)

What is a Proverb?

A **proverb** is a short saying that teaches us a **lesson or advice**.

Write:

Proverb = Wise Saying + Life Lesson

Examples (Discuss Meaning)

Proverb	Meaning
Actions speak louder than words	What you do matters more than what you say
Honesty is the best policy	Always tell the truth
Practice makes perfect	Keep trying to improve
Early to bed, early to rise makes a person healthy and wise	Good habits are important

Teacher Ask:

“What lesson does this proverb teach us?”

Let students explain in their own words.

4. Idioms vs Proverbs (Comparison) (5 Minutes)

Draw a chart on the board:

Idioms

Have hidden meanings

Used in sentences

Fun expressions

Proverbs

Teach lessons

Give advice

Words of wisdom

Ask:

“Is *Piece of cake* teaching us a lesson?” → No

“Is *Honesty is the best policy* teaching something?” → Yes

● 5. Guided Practice Activity (5 Minutes)

🎲 Match the Meaning Game

Teacher says the idiom/proverb → Students guess meaning.

1. *Spill the beans* → (Tell a secret)
 2. *Practice makes perfect* → (Keep trying)
 3. *Hit the sack* → (Go to sleep)
 4. *Sharing is caring* → (Be kind to others)
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● 6. Independent Practice (5 Minutes)

A. Choose the correct meaning:

1. *It's a piece of cake.*
 - a) Eating dessert
 - b) Very easy ☒
2. *Honesty is the best policy.*
 - a) Always lie
 - b) Tell the truth ☒

B. Make ONE sentence using an idiom.

Example:

“My homework was a piece of cake.”

● 7. Exit Ticket (Final 2 Minutes)

Students answer on a small slip:

1. Write one idiom.
 2. Write one proverb.
 3. What is the difference between them
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Homework (Optional)

Ask students to:

- Ask their parents or grandparents for **one proverb** they know.
- Write its meaning and share next class.